

Did you know?

Your saliva is essential to safeguard your general health and wellbeing.

Saliva plays an important role in everyday life; it provides a protective barrier against the bacteria which can enter your body via your mouth; it helps to speak, chew, swallow, taste and digest food. In addition, by regulating the pH in your mouth, saliva also protects the condition of your teeth and gums, neutralizing the acids which can lead to dental plaque and cavities.

Test :

Do you suffer from Dry Mouth?

<input type="checkbox"/>	Are you constantly thirsty?
<input type="checkbox"/>	Do you have difficulty in swallowing certain foods?
<input type="checkbox"/>	Do you have persistent bad breath?
<input type="checkbox"/>	Do you often wake up during the night with a feeling of dryness?
<input type="checkbox"/>	Are you taking medications on a daily basis?
<input type="checkbox"/>	Is your denture uncomfortable?
<input type="checkbox"/>	Do you suffer regularly from oral disorders or infections (caries, ulcers etc) ?

If you have ticked several of these instances you may be suffering with a reduction in saliva, known as Dry Mouth. Consult your doctor, dentist or pharmacist.



Six interrelated oral care products with a unique formulation which supplements saliva's natural protective factors.

bioXtra's unique formulation

Xylitol, Lactoferrin, Lactoperoxidase System, Lysozyme, Colostrum Extract, Moisturisers.

The bioXtra Programme

For best results use the bioXtra® products together as your daily oral hygiene Programme to help ease the discomfort of dry mouth.

The bioXtra® range of products is available from your pharmacist with or without prescription.



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Ultimate Oral Health

MOISTURE, COMFORT & PROTECTION

For dry, sore or sensitive mouths

Prescribed and recommended by
doctors and dentists

1 in 5 adults suffers Dry Mouth

CAUSES OF DRY MOUTH

There are numerous factors which can cause a reduction in the quantity or quality of saliva and consequently disturb your mouth's protective antibacterial mechanisms. Head & neck radiotherapy or surgery, autoimmune disorders such as Sjögren's Syndrome, Diabetes, Parkinson's Disease, Rheumatoid Arthritis etc.... and more than 1800 commonly prescribed medications (anti-depressants, antihistamines, anti-hypertensives, anti-inflammatory, anti-parkinson, etc.) lead to a dry mouth. Stress and the ageing process can also be contributory factors, as well as mouth-breathing, snoring and hormonal changes.

CONSEQUENCES OF DRY MOUTH

As a result of the loss of natural moisture, speaking, chewing and swallowing can become difficult. Dry Mouth, and the consequential decrease in salivary protection, can also lead to a number of significant oral problems (bad breath, dental plaque, caries, inflammation of the gums, ulcers, receding gums or even tooth loss). These distressing and painful symptoms can severely affect your quality of life, your health and your wellbeing.

YOUR DRY MOUTH REMEDY

Your first priority is to reduce the uncomfortable symptoms of a lack of saliva by providing your mouth with regular, effective moisturisation. It is equally essential to help protect your teeth and gums by supplementing the natural defences present in saliva, which have become inadequate or even non-existent. Resulting from the latest research and technology the innovative, bioXtra® products provide you with an immediate source and sensation of oral moisture whilst helping to maintain your mouth's natural balance in a similar way to saliva.



ORAL HYGIENE

Mild Toothpaste 50 ml

Anti-Plaque Mouthrinse 250 ml

- ▶ Promote fresh breath
- ▶ Mild flavours: do not sting, burn or irritate
- ▶ Help reduce plaque-causing bacteria
- ▶ No alcohol, no Sodium Lauryl Sulphate (foaming agent)
- ▶ Contain Fluoride (1500ppm) and Xylitol
- ▶ Mimics the action of your saliva

Recommended for long-term use by dentists, doctors and pharmacists to reinforce your salivary mechanisms, especially in case of a dry, sore or sensitive mouth.

ADVICE FOR OPTIMAL ORAL HYGIENE

Brush your teeth with bioXtra Mild Toothpaste after every meal. To help clear away debris and to reach the parts missed by brushing, rinse your mouth thoroughly with bioXtra Anti-plaque Mouthrinse (do not rinse with water). You can also use bioXtra Mouthrinse at any time during the day for extra freshness and for added mouth moisture. Daily use recommended.



SALIVA SUBSTITUTES

Oral Gel 40 ml

Spraygel 50 ml

- ▶ Immediate relief of dry mouth
- ▶ Form a moisturising layer over dry gums, tongue and palate
- ▶ Promote fresh breath
- ▶ Mimic the action and feel of your saliva
- ▶ Can provide up to 8 hours comfort

Recommended for long-term use by dentists, doctors and pharmacists for anyone suffering from a lack of saliva and for denture wearers.

ADVICE FOR LONG-LASTING MOUTH MOISTURE AND COMFORT

Apply a pea-sized drop of bioXtra moisturising Oral Gel liberally to the gums, tongue and palate (especially at night) or spray the mouth with bioXtra Spraygel (during the day), whenever necessary. You may also apply the Oral Gel under dentures to help retention for added comfort.



SALIVA STIMULATION

Lozenges 60 pieces

Sugar-Free Chewing Gum 20 pieces

- ▶ Stimulate your saliva
- ▶ 100% sweetened with Xylitol
- ▶ Mild lemon-mint flavour
- ▶ Promote fresh breath
- ▶ Help prevent dental plaque
- ▶ Ideal after meals when brushing is not possible

Recommended by dentists, doctors and pharmacists to reinforce your salivary mechanisms, especially in case of a dry, sore or sensitive mouth.

ADVICE FOR STIMULATING YOUR SALIVA

Chew bioXtra Sugar-Free Chewing Gum or suck a bioXtra Lozenge as often as required. Ideal after meals when brushing is not possible.